

APPOINTMENT INFORMATION

- Womack Physical Exams Section conducts the following School Physicals:
 - Airborne / Jumpmaster / Pathfinder/ Combatives
 - OCS / Warrant Officer / ROTC
 - Special Forces/Special Forces OD/ SERE / Ranger /
- If over 40 or 6months prior to your 40th birthday a Health Risk Assessment will be completed
- Once you schedule your physical, ensure that you get your Blood work done prior to your appointment date.
 - ** Blood work is on a walk-in basis at your clinic or at the hospital laboratory
 - ** Ensure that you fast (no eating or drinking anything but water starting at 2200 the night prior)
 - ** No PT the day you get your blood work done
- Ensure that you arrive for your appointment in your **Physical Fitness Uniform or appropriate athletic attire**
- Be **ON TIME** for your appointment
- Don't be a **NO-SHOW**, if you are unable to make it to your appointment call Womack's Appointment Cancellation Line at **907-CNCL (2625)**

• . YOU MAY PICK UP YOUR PHYSICAL

7-10 WORKING DAYS (providing you have completed your labs prior to your appointment and all results complete and normal) FROM YOUR APPOINTMENT DATE.